



**VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING**

May 14, 2025

9:00 a.m. to 11:00 am

Human Services Agency – Ventura Room

2901 N. Ventura Rd, Oxnard

<https://www.zoomgov.com/j/1600825765?pwd=EJ4xAnkdNWwngQakelBoyOTbk51LxR.1>

The council will be meeting in person, but members of the public are welcome to attend in person or via zoom.

VCAAA Advisory Council Role – To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA’s mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer, and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community-based services where older adults and people with disabilities can age in their community with dignity and respect.

A G E N D A

- | | | |
|-----------|---|-------------------|
| 9:00 a.m. | 1. Call to Order and Agenda Review | Dr. Maria Munguia |
| | 2. Pledge of Allegiance | Alisa Sanchez |
| | 3. Roll Call and Motion to Accept Online Virtual Attendance for those declaring “Emergency Circumstances” | Alisa Sanchez |
| | 4. Approval of Area Agency on Aging Advisory Council Minutes of March 12, 2025. | Dr. Maria Munguia |
| | 5. Approval of Area Agency on Aging Advisory Council Minutes of February 12, 2025. | Dr. Maria Munguia |
| | 6. Public Comments | Dr. Maria Munguia |

Procedure: The public is welcome to comment. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

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| 7. | Consent Agenda Items – Committee Reports | Dr. Maria |
|----|--|-----------|

Munguia

Procedure: The Advisory Council will approve these reports all at once unless an Advisory Committee wishes to remove a report from the consent agenda and discuss and approve it separately.

6.1 ADRC Committee – March 19, 2025

6.2 Workforce Committee – March 20, 2025

6.3 Optimal Aging Committee – March 26, 2025

6.4 Senior Nutrition and Health Comm. – March 26, 2025

6.5 Housing Committee – April 15, 2025

6.6 Transportation Committee – no meeting held

INFORMATIONAL ITEMS

- | | | |
|----------|--|---|
| 8. | HSA Communications Manager Update | Roger Horne |
| 9. | AAA Office Move Update | Monique Nowlin |
| 10. | Bylaws Update | Dr. Maria
Munguia |
| 11. | HSA Leadership Update | Melissa
Livingston/
Elaine Martinez |
| 12. | HSA Fiscal Update | Bernadette
Heredia |
| 13. | Nominating Committee Update | Sue Tatangelo |
| 14. | Strategic Plan Update for FY 2025-2026 | Monique Nowlin |
| 15. | Other Committee Meetings: | |
| a. | California Senior Legislature Update | Birdwell/Gitt/Dr.
Gorback |
| b. | VCAAA Foundation Update | James Schicker |
| c. | LGBT+ Aging Coalition | Dr. Ron
Berkowsky |
| d. | Dementia Friendly Ventura County | Jason Sagar |
| 16. | Meeting Calendar FY 2025-2026 | Dr. Maria
Munguia |
| 17. | Other Business | Dr. Maria
Munguia |
| 18. | Comments from the Chair | Dr. Maria
Munguia |
| 19. | Future Agenda Items | Dr. Maria
Munguia |
| 11:00 am | 20. Adjournment | Dr. Maria
Munguia |

The next meeting will be:
Wednesday, July 9, 2025 (9:00 am – 11:00 am)

In person at: Human Services Agency RiverPark – 2901 N. Ventura Rd., Oxnard 93036

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING
Advisory Council Meeting Minutes
646 County Square Drive, Suite 100
Ventura, CA 93003
March 12, 2025

Advisory Council Members Present:

Stephanie Belding (Thousand Oaks COA)	Dr. Maria Munguia (Santa Paula COA)
Ron Berkowsky (LGBTQ+ Population)	Carmen Reyes (Camarillo COA)
Alvin Brown (Simi Valley COA)	Anita Ruiz (Piru)
Lynette Harvey (Medical Provider)	Martha Shapiro (Service Provider)
Maureen Hodge (Family Caregiver)	Alice Sweetland (Oxnard COA)
Carol Leish (Disability Population)	Sue Tatangelo (Consumer)
Luis Mendez II (Port Hueneme COA)	Sylvia Taylor-Stein (District 5)
Anna Reilley (Fillmore COA)	Susan Zirnite (Simi Valley COA)
Dr. Karen Gorback (CSL)	Brenda Birdwell (CSL)
Carina Forsythe (Fillmore COA)	Tony Gitt (CSL)
Peter Schreiner (Behavioral Health)	Blair Barker (Service Provider)
Denise Calhoun (District 2)	

Advisory Council Members Absent:

Lyn Cotwright (Moorpark COA)	Jeanette Sanchez-Palacios (District 1)
Smita Dandekar (District 4)	Nita Vaidya (Thousand Oaks COA)
Jonnie Lisman (Port Hueneme COA)	

VCAAA Staff Members Present:

Monique Nowlin (Division Manager)	Sonia Vaughn (Program Manager)
Sheryl Miller (I&A)	Denise Noguera-Valenzuela (I&A Manager)
Roger Horne (Communications)	Jason Sagar (PEARLS/ADRD)
Alisa Sanchez (Program Assistant)	Kari Verdugo (Administrative Specialist)
Ben Rhodes (Division Manager)	Elaine Martinez (Deputy Director)
Melissa Livingston (Director)	

Members of the Public Present:

Gloria Massey Chinaea	Dinah Frishling
James Schicker	Janine Lobian
Elizabeth Gu	Michelle Rogers
Raquel Wirth	Sarah Mailes

- 1) **Call to Order and Agenda Review** – The March 12, 2025, Advisory Council meeting was called to order at 9:00 am by Chair Dr. Maria Munguia.
- 2) **Pledge of Allegiance** – The Pledge of Allegiance was led by Stephanie Belding.
- 3) **Roll Call and Motion to Accept Online Virtual Attendance for Those Declaring “Emergency Circumstances”** – Alisa Sanchez called roll. Quorum was reached.
- 4) **Approval of Area Agency on Aging Advisory Council Minutes of February 12, 2025, and November 13, 2024.**

The February 12th, 2025, minutes required edits and were not approved at this meeting. The November 12th, 2025, minutes were approved.

Motion: Approve November 12th, 2025 Minutes

Moved by: Al Brown, seconded by Anna Reilley

Result: Motion passed

- 5) **Public Comments** – Sylvia Taylor-Stein shared the results of the March 6th symposium on Dementia Beyond Drugs and Disease with Dr. Allen Power and Attorney Tony Chicotel. The turnout was great; 200 people attended, and the event was very successful. Maureen Hodge and Martha Shapiro also gave public comments. Due to meeting recording error the comments were not captured. Call to action was sent to these AC Members with their help in recalling the comments made so that they can be captured and memorialized here.
- 6) **Consent Agenda Items**
 - 6.1 Senior Nutrition and Health Comm. – February 26, 2025 – Report to be submitted at later time.

INFORMATIONAL ITEMS

- 7) **Communications Manager Update** – Roger Horne shared the many ways VCAA announced their recent office move (postcard, email blasts, prominently placed on website). There were 20 Outreach events in January and February. Due to State law

requirement, government websites are changing and VCAAA.org will become VCAAA.VenturaCounty.gov in the near future. Monique took part in a Q&A that was promoted in the County newsletter and website. For budgetary reasons, there won't be a LIVEWell in 2025, but hopefully it will be back for 2026.

- 8) **AAA Office Move Update** – Monique Nowlin shared that the VCAAA Move is underway with many staff having moved to their new office. The remainder of the staff will be in their new office and 646 County Square will be completed vacated by 3/31/25.
- 9) **Standing Up to Ageism** – Dr. Karen Gorback gave a heartfelt presentation on the importance of fighting against ageism. “Ageism was defined in 1968 by Gerontologist Robert Butler as “prejudice by one age group toward another age group”. While ageism may impact all age groups, it most often targets older adults. Ageism is dangerous as recent research by Dr. Becca Levy of Yale University has found that a person’s beliefs about aging influence that person’s physical and mental health. People with negative beliefs about aging tend to live 7.5 years fewer than those who embrace a positive view of growing older. Dr. Gorback also recommended a book to attendees by Becca Levy PhD titled, “Breaking the Age Code”.
- 10) **Bylaws Update** – Chair Dr. Munguia shared that Bylaws Committee has now been formed and four meetings are scheduled to review the Bylaws together with Monique Nowlin and Alisa Sanchez. Once the Redline version is complete it will be submitted to HSA Leadership for their review. Once approved, the updated Bylaws will be shared with the Advisory Council.
- 11) **HSA Update** – Melissa Livingston, will be retiring in April but plans to attend Advisory Council Meetings until her replacement takes over. Melissa took questions from Board Members. Melissa plans to work closely with her replacement for a couple months to ensure a warm handoff.
- 12) **Other Committee Meetings:**
 - a. **California Senior Legislature Update** – Tony Gitt walked the attendees through review of the February 21, 2025, Legislative Report which detailed five bills that are CSL Sponsored/Top Priorities. Tony also helped the attendees see how the active links on the Legislative Report take you to the website where you can learn more about each sponsored bill. The links in the Status column are linked to <https://leginfo.legislature.ca.gov/> where the current

status of bills, as well as the bill's history and voting record may be viewed.

b. VCAAA Foundation Update – James Schicker, Foundation Chair shared that VCAAAF recently approved funding for the LGBT Aging Coalition and looks to be of service wherever else possible.

c. LGBT+ Aging Coalition – Martha Shapiro announced the LGBT+ Aging Coalition's next meeting and shared that they are appreciative of the VCAAA Foundation for funding the purchase of pens to be handed out this year at Pride events.

- 13) [Meeting Calendar – FY 2024-2025](#)
- 14) **Other Business** – Chair Munguia mentioned the vacancies on the Advisory Council Board and the need to form a Nomination Committee. Roger can promote the Veterans vacancy however each city is responsible for filling their vacancies per Monique Nowlin.
- 15) **Comments from the Chair** – Chair Munguia addressed the Advisory Council meeting location change and noted this would be our last meeting in this room and at this table. She acknowledged all who have sat around this table and served to represent and advocate for their constituents in Ventura County. She also acknowledged VCAAA staff, members of the public who have attended our meetings, and all who have served as officers with an acknowledgment of Past Chairpersons Dr. Karen Gorback and the late Suz Montgomery.
- 16) **Adjournment** – Meeting adjourned at 10:42 AM. The next regular meeting for the Advisory Council will be held on May 14, 2025.

Motion: To Adjourn

Moved by: Blair Barker, seconded by Al Brown

Result: Motion Passed

VENTURA COUNTY AREA AGENCY ON AGING
Advisory Council Meeting Minutes
646 County Square Drive, Suite 100
Ventura, CA 93003
February 12, 2025

Advisory Council Members Present:

Stephanie Belding (Thousand Oaks COA)	Dr. Maria Munguia (Santa Paula COA)
Ron Berkowsky (LGBTQ+ Population)	Carmen Reyes (Camarillo COA)
Alvin Brown (Simi Valley COA)	Anita Ruiz (Piru)
Lynette Harvey (Medical Provider)	Martha Shapiro (Service Provider)
Maureen Hodge (Family Caregiver)	Alice Sweetland (Oxnard COA)
Carol Leish (Disability Population)	Sue Tatangelo (Consumer)
Luis Mendez II (Port Hueneme COA)	Sylvia Taylor-Stein (District 5)
	Susan Zirnite (Simi Valley COA)

Advisory Council Members Absent:

Lyn Cotwright (Moorpark COA)	Anna Reilley (Fillmore COA)
Carina Forsythe (Fillmore COA)	Nancy Rowe (Camarillo COA)
Maureen Hodge (Family Caregiver)	Dr. Karen Gorback (CSL)
Sue Hughes (District 3)	Jeanette Sanchez-Palacios (District 1)
Jonnie Lisman (Port Hueneme COA)	Peter Schreiner (Behavioral Health)
Bill Nugent (Ojai COA)	Denise Calhoun (District 2)
Clark Owens (Oxnard COA)	Nita Vaidya (Thousand Oaks COA)
Blair Barker (Service Provider)	Smita Dandekar (District 4)
Brenda Birdwell (CSL)	Tony Gitt (CSL)

VCAAA Staff Members Present:

Monique Nowlin (Division Manager)	Sonia Vaughn (Program Manager)
Sheryl Miller (I&A)	Denise Noguera-Valenzuela (I&A Manager)
Roger Horne (Communications)	Jerrica VanNest (HomeShare)
Alisa Sanchez (Program Assistant)	Jason Sagar (PEARLS/ADRD)
Maricela Pardo (Transportation)	Gray Wilking (MSSP/HCBA)
Cris Rivas (Family Caregiver)	Kari Verdugo (Administrative Specialist)
Giovanny Ortiz (CalZ)	Melissa Livingston (Director)
Aurora Meadows (Registered Dietitian)	Elaine Martinez (Deputy Director)

Members of the Public Present:

Gloria Massey Chinaea	Rolando Chinaea
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- 1) **Call to Order and Agenda Review** – The February 12, 2025, Advisory Council meeting was called to order at 9:01 am by Chair Dr. Maria Munguia.
- 2) **Pledge of Allegiance** – The Pledge of Allegiance was led by Carol Leish.
- 3) **Roll Call and Motion to Accept Online Virtual Attendance for Those Declaring “Emergency Circumstances”** – Alisa Sanchez called roll. Quorum was not initially reached. The Advisory Council reached a quorum later in the meeting once Susan Zirnite joined.
- 4) **Approval of Area Agency on Aging Advisory Council Minutes of November 13, 2024.**

At the time, quorum had not been reached and therefore there was no motion to approve.

- 5) **Public Comments** – Sylvia Taylor-Stein shared that March 6, 2025, from 9AM-3PM at Staybridge Suites in Oxnard, Ombudsman of Ventura County is sponsoring the Dementia Beyond Drugs and Disease symposium that is bringing out Dr. Allen Powers from East Coast. Maureen Hodge shared that the Caregiver Coalition will soon be hosting 3 separate 3-hour meetings with a Strategic Planner focusing on what the Coalition is planning to do for the Caregivers in our County. Alice Sweetland shared that Oxnard Senior Services honors Oxnard residents on their 100+ birthdays and 3 residents were honored in December.
- 6) **Consent Agenda Items**
 - 6.1.1 **Housing Committee – November 19, 2024**
 - 6.1.2 **Housing Committee – January 21, 2025**
 - 6.2.1 **ADRC Committee – November 20, 2024**
 - 6.2.2 **ADRC Committee – January 15, 2025**
 - 6.3.1 **Optimal Aging Committee – November 20, 2024**
 - 6.3.2 **Optimal Aging Committee – January 22, 2025**
 - 6.4 **Senior Nutrition and Health Comm. – November 20, 2024**
 - 6.5.1 **Workforce Committee – November 13, 2024**
 - 6.5.2 **Workforce Committee – December 12, 2024**
 - 6.6 **Transportation Committee – quorum not reached**

Motion: Approve consent agenda items

Moved by: Sue Tatangelo, seconded by Sylvia Taylor-Stein

Result: Motion passed

INFORMATIONAL ITEMS

- 7) **Communications Manager Update** – Roger Horne shared the many updates made to VCAAA.org website to make the site more user/client friendly. Roger shared his screen and gave a tour of the changes to the meeting attendees.
- 8) **Senior Nutrition Farm/Outdoor Education Farm Update** – Melissa Livingston, HSA Director, shared that many tough decisions and changes have been made to align with budgetary constraints. More below in 10 – HSA Update
- 9) **Bylaws Update**– Chair Dr. Maria Munguia shared Bylaws Committee update. Committee Members are Dr. Munguia, Sue Tatangelo, Carol Leish and Dr. Gorback. Please review Bylaws (11 pages) and send any questions or recommendations directly to Dr. Munguia so that she can compile and bring to the Bylaws Committee Meeting.
- 10) **HSA Update** – Melissa Livingston, will be retiring in April but vows to be at all Advisory Council Meetings through her retirement. Melissa plans to work in tandem with whoever is selected to fill the vacancy she will leave behind. Melissa share that VCAAA's budget was upside down by 4 Million Dollars in July 2023 when they came under HSA. Business as usual could not continue due to budgetary constraints. General Fund is leveraged and mandated to go toward State mandated programs. Melissa took questions from Board Members and shared about her upcoming retirement. Melissa is hopeful she will be able to work closely with her replacement for a couple months to make sure the handoff is warm and that the good work continues and is prioritized.
- 11) **Other Committee Meetings:**
 - a. **California Senior Legislature Update** – All three CSL members were absent and will provide their update at the March meeting instead.
 - b. **VCAAA Foundation Update** – James Schicker shared that VCAAAF contributed upwards of \$30,000 of equipment to Senior Nutrition Farm. Due to the Farm being decommissioned, he donated the equipment to Growing Works out of Camarillo. The folks there are domestic survivors, recovering addicts, those battling with mental health etc.

c. LGBTQ Aging Coalition – Martha Shapiro shared that the Coalition’s next meeting will be tomorrow, February 13, 2025. They will be sharing the CSUCI Focus Group students’ report at the meeting.

12) **Meeting Calendar** – FY 2024-2025

13) **Other Business** – Chair Munguia and Alice Sweetland spoke about the vacancies on the Advisory Council Board. Monique and Roger confirm that each city is responsible for filling their own vacancies. Roger can promote the Veterans vacancy.

14) **Comments from the Chair** – Chair Munguia thanked HSA Director, Melissa Livingston for her attendance, and her thoughtful conversation with the Advisory Council. She also shared she will be sitting in on TACC Meeting on 2/13/25 and will report on it at next meeting on March 12, 2025.

15) **Adjournment** – Meeting adjourned at 11:13 AM. The next regular meeting for the Advisory Council will be held on March 12, 2025.

Motion: To Adjourn

Moved by: Al Brown, seconded by Lynette Harvey

Result: Motion Passed

TO: VCAAA Advisory Council Members
FROM: Tony Gitt, Chair
DATE: March 19th, 2025
SUBJECT: **ADRC Committee Meeting**

Committee Members Present:

Tony Gitt Carol Leish Al Brown Susan Zirnite, Ronald Berkowsky Keith Goslin Peter Schreiner

Committee Members Absent:

Martha Shapiro Jennifer Griffin Blair Barker Carmen Reyes Emily Bridges Peter Schreiner Linda Mac Dougall Vanessa Acain Jim Marston Lilly Grossman Maureen Hodge

VCAAA Staff Members Present:

Denise Noguera-Valenzuela (Contact Center Manager)

1. Welcome and Introductions

2. Program and Organizational Updates

- AAA has now moved to new location at 4651 Telephone Rd. Ventura. Open to the public. If you go to 646 County Square Dr. there is a sign to direct you to 4651 Telephone Rd. Still taking calls and have regular business hours 8:00am – 5:00pm Monday – Friday. Denise to check with Communications Manager, Roger Horne, to see next steps for press release, The Star, Newspapers and The Acorn on the relocation. Already did an announcement on Website and mini press release.
- Denise presented list of VCAAA & Access Central Coast Programs. Will add AAA phone number at the top. Copy of List was attached to meeting invite. Quarterly reports are sent to the State on services provided. Denise to check with Monique on what statistics can be shared on all the programs.

3. ADRC Goals for the Remainder of the Year

- Understanding of what VCAAA & ACC are doing. The list of programs provided is a great start.

4. Open Floor

- Would like statistic on programs presented.
- Hear more about VCC programs at next meeting.
- Where will the next Advisory Council Meeting be held? Unknown at this time. Will

notify everyone when a place has been chosen.

TO: VCAAA Advisory Council Members
FROM: Stephanie Belding, Chair
DATE: May 1, 2025
SUBJECT: **Workforce Committee (WC) Report from March 20, 2025**

Committee Members Present:

Stephanie Belding
Dr. Nita Vaidya
Brenda Birdwell
Al Brown

Committee Members Absent:

Dr. Karen Gorback

Interested Members of the Public Present:

Interested Members of the Public Absent:

Alice Sweetland

VCAAA Staff Members Present:

Sonia Vaughn (HICAP Manager)
Roger Horne (Communications Manager)

1. **Welcome-** Meeting was called to order by Stephanie Belding at 10:05 am.
2. **Public Comments-** Dr. Munguia requested for Stephanie to speak at the next Advisory Board meeting to present on Workforce Committee; Stephanie is requesting input and ideas.
3. **New Membership-** Al Brown is our newest member of the Workforce Committee. He represents the City of Simi Valley and just received the Volunteer of the Year award- Congratulations Al! He has been with VCAAA for several years and serves in Optimal Aging and ADRC Committees. Al is also the Chair at the Simi Valley's Council on Aging and he shared that the council is considering a Senior Job Fair in October 2025.
4. **Committee Roles, Goals & Limits-** Stephanie shared she would like to establish the workforce committee roles as a committee and for the Agency- "interested in high-level statements that address the key workforce issues". Sonia and Roger will look into the WC's roles and present at the next meeting. Also, the Workforce Committee has encountered certain limitations. Over the past several months, the WC has been offered approximately four job fairs in a six-month time frame and were unable to fulfill due to several unforeseen limits, including member residing in other areas; weather issues; financial limitations/limited funding. The Committee could benefit from members representing more cities; 80% of the current members live in the Thousand Oaks area.
5. **Potential Committee Presentations-** Stephanie suggested that we consider scheduling presentations centered around the "Get That Job" video. These could include sessions on helping seniors complete paper and online job applications at the

Goebel Senior Center, as well as presentations focused on enhancing skills, technology training, and other resources to assist them in preparing for employment.

6. **Job/Employment Scams-** Another presentation topic that will focus on sharing personal information to prospective employers.
7. **Other Business-** Roger will be sharing PowerPoint Presentation template to use for presentations.
8. **Next meeting date** –The Workforce Committee’s next regular meeting will be held on Thursday, May 15, 2025, from 10 AM – 11 AM (via Microsoft TEAMS).
9. **Adjournment-** Meeting adjourned at 10:52 AM.

TO: VCAAA Advisory Council Members
FROM: Alice Sweetland, Committee Chair
DATE: March 26th, 2025
SUBJECT: **Optimal Aging Report from March 26th, 2025**

Committee Members Present:

Alice Sweetland (chair)
Ronald Berkowsky
Al Brown
Denise Calhoun
Dinah Frishlig

Committee Members Absent:

Lyn Cotwright
Susan Zirnite
Sylvia Taylor-Stein

VCAAA Staff Members Present:

Julianna Eusanio (Fall Prevention Program Coordinator)

1. **Welcome and Introductions:** Meeting was held via Teams and called to order by chair Sweetland at 2:05 pm. A quorum was reached.
2. **Public Comments:** none
3. **Legacy Awards Application Review:** The history of the Legacy Awards was provided for new committee members as well as overview of application and selection process. The committee agreed to review the existing application which will be sent out by Julianna in order to provide any feedback/changes at the next meeting.
4. **Adjournment –** The meeting was adjourned at 2:29 p.m. By way of committee vote on date change, the next Optimal Aging Committee meeting will be held on **Wednesday, May 21st, at 2 p.m.**

TO: VCAAA Advisory Council Members
FROM: Committee Chair, Blair Barker
DATE: March 26th, 2025
SUBJECT: Senior Nutrition and Health Committee Report from March 26th, 2025

Committee Members Present:

Blair Barker
Anita Ruiz
Alice Sweetland
Dr. Maria Munguia

Committee Members Absent:

Smita Dandekar
Lynette Harvey

VCAAA Staff Members Present:

Alyssa Corse (Program Administrator)
Roger Horne (Public Information Officer)

1. **Welcome and Introductions** – The VCAAA Nutrition and Health Committee meeting was called to order at 12:32pm by Chair Blair Barker. The committee reached a quorum with four of four members present. Smita Dandekar and Lynette Harvey were absent. James Schicker gave his introduction to the committee.
2. **Public Comments** – No Public Comments
3. **Introduction of the New Staff for Committee-** None
4. **VCAAA Foundation Presentation-James Schicker-** James is the chair of the VCAAA foundation and wanted to share with the committee members of some ideas the foundation had to help the Senior Nutrition Program. James spoke about reoccurring donations and ways to help the meal sites serve more meals and or cover operational costs/equipment. The committee members spoke about what the best process would be to accept these donations that were equitable. James spoke about rebuilding the foundation to really be impactful and do good work for our community and seniors. Alice asked James what the source of funding are and from who. James wants to focus on the needs of the community and those are serving meals to older adults. Dr. Munguia asked what the donations could potentially be used for, is it just strictly funding towards meals or can the individual sites use the funding for equipment. Alice brought up a great point of using the funding towards gas/mileage reimbursement funding that the staff or volunteers who deliver home-delivered meals. James asked for guidance on the process moving forward. Anita asked about the RD nutritional requirements for the meal sites. Anita wanted to make sure that Nikki's Casamia was serving the correct food components. Blair spoke on behalf of Aurora to help answer Anita's concern. Blair let Anita know in the past string cheese and salad in the bundle has been cut because of dietary needs and different vendors those are

the reasons for changes.

5. **Registered Dietitian Update-** Aurora was teaching a CalFresh Healthy Living Class so she couldn't give an update. Alyssa did speak about a website update regarding CalFresh Healthy Living and spoke about it on Aurora's behalf. Alyssa expressed that the CFHL program will be going through an in-person audit with CDA and CDSS and requested the website to be revamped. Alyssa spoke more in-depth about the webpage and where to find the class schedule of Direct Education classes taught by Aurora. Alyssa spoke about the Market Match at Farmers Markets and the work that Aurora is doing out in the community to make that happen in low-income populations. Dr. Munguia has been working on the Santa Paula farmers market manager to get more information on how to get market match. Dr. Munguia will be in touch with Aurora and Alyssa to hopefully make that happen.
6. **Senior Nutrition Program Update –** Alyssa gave a brief update regarding the Senior Nutrition Program Contracts. Alyssa let the committee members know that she is working with fiscal on budgets and scope of works. CDA has not sent out their budget for the Senior Nutrition Program but advised we use the same allocation as last year. Alyssa shared with the committee members the RD list of which RD is point of contract for which Senior Nutrition Site. Alyssa spoke about the new menu transition starting in May. Where the sites will have more control and flexibility with creating their own menus with guidance and approval from the RD that includes using the food vendor of their choice. Alyssa gave an update on the Senior Farmers Market Program and will give a more in-depth update at the next committee meeting
7. **Committee Goals –** Working with James and the VCAAA foundation for next steps on donations to the Senior Nutrition Program sites. Alyssa will reach out to the Food Share contact about potentially coming to the next committee meeting for a presentation. The committee wants to continue having the SNP providers present when they can at the meetings. Lynette was reaching out to Courtney from Behavioral Health to potentially present at the next meeting. In the July meeting the committee wants to formalize goals for our committee to work on.
8. **Adjournment –** The meeting was adjourned at 1:17 p.m. The next Health & Nutrition Committee meeting will be held on Wednesday, May 21st, at 12:30 p.m.

VENTURA COUNTY AREA AGENCY ON AGING



Housing Committee Report

April 15th, 2025
2pm – 3pm

1. Welcome and Introductions- in attendance: Stephanie Belding, Jerrica Van Nest, Martha Shapiro, Jason Sagar, Brenda Birdwell
2. Public Comments- None
3. HomeShare Update- Weathered Agency move to 4651 Telephone Road. Found 3 matches, currently supporting I&A Team, helping with walk-in services
4. Planning Discussion – Housing Resource and Service Provider Conference, suggestions for Provider conference-discuss goals as a community, conduct breakout conversations. Would need to book location months in advance. Help people navigate the housing process- waitlists, Application process

Outreach- Connect with Roger (Jerrica) Possible interviews with clients to create testimonial videos. Update website with housing resources
Plan for update reminder for future housing meetings

Actions items:

- Jerrica to work with Roger on Outreach items
- Jason to start sending reminders for housing meetings
- Jason will send new calendar invite
- Martha to compile housing resources

5. Other- Event suggestions: Ventura Office of Education, cost? 3hrs with snacks. Donations: VCCF. Fillmore awarded \$1.4M grant for homeless housing-134 studio units
6. Next Meeting Date – **May 20, 2025, from 2pm to 3pm**



Advisory Council Meeting Zoom Link:

<https://www.zoomgov.com/j/1600825765?pwd=EJ4xAnkdNWwnqQakeIBoyOTbk51LxR.1>

New Advisory Council Meeting Location:

Human Services Agency – RiverPark Office
Ventura Room – 3rd Floor
2901 N. Ventura Road, Oxnard, 93036

VCAAA Office Locations:

- Administration: 855 Partridge Drive, Ventura, 93003
- Client Facing Programs/Staff: 4651 Telephone Road, Ventura, 93003
- Non-Client Facing Programs/Staff: 1001 Partridge Drive, Ventura, 93003



**VENTURA COUNTY AREA AGENCY ON AGING
ADVISORY COUNCIL MEETING SCHEDULE
FY 2025-2026**

All Advisory Council meetings are held in person.

**All sub-committee meetings are held via
Zoom/TEAMS.**

	Advisory Council	ADRC	Transportation	Housing	Senior Nutrition & Health	Optimal Aging	Workforce
July	July 9 9-11 a.m.	July 16 1 - 2 p.m.	July 9 11:15 – 12:15 p.m.	July 15 2 – 3 p.m.	July 17 12:30 – 1:30 p.m.	July 23 2 – 3:00 p.m.	July 17 10 – 11 a.m.
August							
September	Sept 10 9-11 a.m.	Sept 17 1 - 2 p.m.	Sept 10 11:15 – 12:15 p.m.	Sept 16 2 – 3 p.m.	Sept 18 12:30 – 1:30 p.m.	Sept 24 2 – 3:00 p.m.	Sept 18 10 – 11 a.m.
October							
November	Nov 12 9-11 a.m.	Nov 19 1 - 2 p.m.	Nov 12 11:15 – 12:15 p.m.	Nov 18 2 – 3 p.m.	Nov 20 12:30 – 1:30 p.m.	Nov 26 2 – 3:00 p.m.	Nov 20 10 – 11 a.m.
December							
January	Jan 14 9-11 a.m.	Jan 21 1 - 2 p.m.	Jan 14 11:15 – 12:15 p.m.	Jan 20 2 – 3 p.m.	Jan 15 12:30 – 1:30 p.m.	Jan 28 2 – 3:00 p.m.	Jan 15 10 – 11 a.m.
February							
March	March 11 9-11 a.m.	March 18 1 - 2 p.m.	March 11 11:15 – 12:15 p.m.	March 17 2 – 3 p.m.	March 19 12:30 – 1:30 p.m.	March 25 2 – 3:00 p.m.	March 19 10 – 11 a.m.
April							
May	May 13 9-11 a.m.	May 17 1 - 2 p.m.	May 13 11:15 – 12:15 p.m.	May 19 2 – 3 p.m.	May 21 12:30 – 1:30 p.m.	May 27 2 – 3:00 p.m.	May 21 10 – 11 a.m.
June							

New Member Orientation will be held as needed. Please email alisa.sanchez@ventura.org for the registration link.