



The Ventura County Aging & Disability Resource Center (ADRC) provides a coordinated point of entry to ensure older adults and people with disabilities have access to the services and support needed to remain independent in the community. The ADRC is comprised of a partnership between the Ventura County Area Agency on Aging (VCAAA) and Access Central Coast. Core services provided include:

**Enhanced Information & Referral  
Options Counseling  
Short-Term Service Coordination  
Transition Services**

The ADRC uses a “*No Wrong Door*” approach to streamline Long-Term Services and Supports (LTSS).

ADRC Transition Advocates will facilitate transitions for individuals from hospital, nursing facility, intermediate care facility, or any other institutional settings back into the home.

Living in the community is significantly more cost effective compared to institutional living, but more importantly it increases quality of life and improves overall health outcomes.

**For more information on Ventura County's ADRC,  
visit [VCAAA.VenturaCounty.gov](https://VCAAA.VenturaCounty.gov) or call 805-477-7300.**