



## VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

September 10, 2025

9:00 a.m. to 11:00 am

Human Services Agency – Ventura Room

2901 N. Ventura Rd, Oxnard

<https://www.zoomgov.com/j/1600825765?pwd=EJ4xAnkdNWwnqQakelBoyOTbk51LxR.1>

The council will be meeting in person. Members of the public are welcome to attend in person or via Zoom.

VCAAA Advisory Council Role – To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA's mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer, and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community-based services where older adults and people with disabilities can age in their community with dignity and respect.

### A G E N D A

- |           |    |  |                   |
|-----------|----|--|-------------------|
| 9:00 a.m. | 1. | Call to Order and Agenda Review  | Dr. Maria Munguia |
|           | 2. | Pledge of Allegiance   | Luis Mendez II    |
|           | 3. | Roll Call and Motion to Accept Online Virtual Attendance for those declaring "Emergency Circumstances" | Alisa Sanchez     |
|           | 4. | Approval of Area Agency on Aging Advisory Council Minutes of July 9, 2025.                             | Dr. Maria Munguia |
|           | 5. | Public Comments  | Dr. Maria Munguia |

Procedure: The public is welcome to comment. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

- |    |  |                   |
|----|--|-------------------|
| 6. | Consent Agenda Items – Committee Reports | Dr. Maria Munguia |
|----|--|-------------------|

Procedure: The Advisory Council will approve these reports all at once unless an Advisory Committee wishes to remove a report from the consent agenda and discuss and approve it separately.

- 6.1 Housing & Transportation Committee – 07.15.2025
- 6.2 Senior Nutrition & Health Committee – 07.16.2025
- 6.3 ADRC Committee – 07.16.2025
- 6.4 Workforce Committee – 07.17.2025
- 6.5 Optimal Aging Committee – 07.23.2025

### **ACTION ITEMS**

- |    |  |                |
|----|--|----------------|
| 7. | Election of Officers (Chair, Vice Chair, and Secretary) for FY 2025-2026 | Sue Tatangelo  |
| 8. | Rescheduling Advisory Council Meetings in March and May 2026             | Monique Nowlin |

### **PRESENTATION/INFORMATIONAL ITEMS**

- |     |  |   |
|-----|--|---|
| 9.  | Presentation: Facing Challenges with Optimism & Humor  | Carol Leish                                       |
| 10. | Presentation: HICAP – Medicare Open Enrollment         | Roger Horne                                       |
| 11. | HSA Communications Manager Update                      | Roger Horne                                       |
| 12. | Bylaws Update  | Dr. Maria Munguia                                 |
| 13. | Triple-A Council of California (TACC) Update           | Dr. Maria Munguia                                 |
| 14. | New Advisory Council Meeting Location                  | Monique Nowlin                                    |
| 15. | Other Committee Meetings:                              |   |
|     | a. California Senior Legislature Update                | Brenda Birdwell<br>Tony Gitt<br>Dr. Karen Gorback |
|     | b. VCAAA Foundation Update                             | James Schicker                                    |
|     | c. LGBT+ Aging Coalition                               | Dr. Ron Berkowsky                                 |
|     | d. Dementia Friendly Ventura County                    | Jason Sagar                                       |
| 16. | <b>Updated</b> Meeting Calendar FY 2025-2026           | Dr. Maria Munguia                                 |
| 17. | Advisory Council Member Information Sheets, Bio, Photo | Alisa Sanchez                                     |
| 18. | Other Business   | Dr. Maria Munguia                                 |
| 19. | Comments from the Chair                                | Dr. Maria Munguia                                 |
| 20. | Future Agenda Items                                    | Dr. Maria Munguia                                 |

11:00 am 21. Adjournment

Dr. Maria Munguia

VENTURA COUNTY AREA AGENCY ON AGING  
Advisory Council Meeting Minutes  
2901 N. Ventura Rd  
Oxnard, CA 93036  
July 9, 2025

Advisory Council Members Present:

Blair Barker (Service Provider)	Gloria Massey-Chinea (City of Oxnard)
Stephanie Belding (Thousand Oaks COA)	Luis Mendez II (City of Port Hueneme)
Dr. Ron Berkowsky (LGBT+ Population)	Dr. Maria Munguia (City of Santa Paula)
Brenda Birdwell (CSL)	Carmen Reyes (Camarillo COA)
Alvin Brown (Simi Valley COA)	Anita Ruiz (BOS At-Large)
Denise Calhoun (BOS District 2)	Jeanette Sanchez-Palacios (BOS District 1)
Smita Dandekar (BOS District 4)	Peter Schreiner (Behavioral Health Population)
Deborah Elwell (BOS District 3)	Martha Shapiro (Service Provider)
Maureen Hodge (Family Caregiver Population)	Alice Sweetland (City of Oxnard)
Carol Leish (Disability Population)	Sue Tatangelo (Consumer Population)
Jonnie Lisan (City of Port Hueneme)	Sylvia Taylor-Stein (BOS District 5)

Advisory Council Members Absent:

Lyn Cotwright (City of Moorpark)	Lynette Harvey (Medical Provider)
Carina Forsythe (City of Fillmore)	Nita Vaidya (Thousand Oaks COA)
Tony Gitt (CSL)	Susan Zirnite (Simi Valley COA)
Dr. Karen Gorback (CSL)	

VCAAA Staff Members Present:

Julianna Eusano (Social Worker)	Marlene Reyes (Program Assistant)
Roger Horne (Communications Mgr)	Ben Rhodes (Division Manager)
Melissa Livingston (Former HSA Director)	Roger Robinson (HSA Director)
Martin Marquez (Program Assistant)	Jason Sagar (PEARLS/ADRD Mgr)
Elaine Martinez (HSA Deputy Director)	Alisa Sanchez (Program Assistant)
Monique Nowlin (AAA Director)	Kari Verdugo (Administrative Specialist)

Members of the Public Present:

Paul Atkinson	Michelle Rios
Kelly Brown	James Schicker
Carlo Oleta	

Virtual Attendees:

G Bowman  
Sarah Mailes  
Sheryl Miller

Denise Noguera-Valenzuela (I&A Mgr)  
Kim Post  
Raquel Wirth

BOS (Board of Supervisors) Supervisorial Appointees:

District 1 – Supervisor Matt LaVere  
District 2 – Supervisor Jeff Gorell  
District 3 – Supervisor Kelly Long

District 4 – Supervisor Janice Parvin  
District 5 – Supervisor Vianey Lopez

- 1) **Call to Order and Agenda Review** – The March 12, 2025, Advisory Council meeting was called to order at 9:01 am by Chair Dr. Maria Munguia.
- 2) **Pledge of Allegiance** – The Pledge of Allegiance was led by Deborah Elwell (District 3 Supervisorial Appointee).
- 3) **Roll Call and Motion to Accept Online Virtual Attendance for Those Declaring “Emergency Circumstances”** – Alisa Sanchez called roll. Quorum was reached.
- 4) **Approval of Area Agency on Aging Advisory Council Minutes of May 14, 2025.**

Motion: Approve May 14<sup>th</sup>, 2025 Minutes

Moved by: Blair Barker, seconded by Al Brown

Result: Motion passed

- 5) **Public Comments** – Carol Leish shared her article entitled, “Thankful for my Challenges: July is Disability Pride Month”, which was featured in the Ventura Breeze publication. Link to article: <https://venturabreeze.com/thankful-for-my-challenges/>.
- 6) **Consent Agenda Items**
  - 6.1 Workforce Committee – May 15, 2025
  - 6.2 Housing Committee – May 20, 2025
  - 6.3 ADRC Committee – May 21, 2025
  - 6.4 Optimal Aging Committee – May 21, 2025
  - 6.5 Senior Nutrition and Health Comm. – May 21, 2025
  - 6.6 Transportation Committee – no meeting held

Motion: Accept Committee Reports

Moved by: Sue Tatangelo, seconded by Martha Carol Leish

Result: Motion passed

## ACTION ITEMS

- 7) **Election of representatives for FY 2025-2026 - one focused population Veterans representative for a two year term starting July 9, 2025 through June 30, 2027; and two Service Provider representatives for a two year term starting July 9, 2025 to June 30, 2027; the reappointment of one Board Of Supervisors representative for a two year term that began September 13, 2024 and will go through September 12, 2026; the reappointment of a City of Oxnard representative for a two year term starting July 1, 2025 to June 30, 2027; the appointment of a second City of Oxnard representative for a two year term starting July 1, 2025 to June 30, 2027; the reappointment of a City of Simi Valley representative for a two year term starting July 1, 2025 to June 30, 2027; the reappointment of a City of Camarillo representative for a two year term that began July 1, 2024 and will go through June 30, 2026; the reappointment of one Service Provider representative for a two year term starting July 9, 2025 to June 30, 2027; and the reappointments of the following focused populations representatives starting July 9, 2025 to June 30, 2027: Behavioral Health, Consumer, Disabilities, Family Caregiver, LGBT+, and Medical Provider –** The above listed reappointments were made and an election was held to fill the two service providers seats as well as the Veterans Population vacancy. The candidates were present and interviewed (Paul Atkinson, Kelly Brown, Carlo Oleta, Michelle Rios and Martha Shapiro). All candidates were removed from the room as the other candidates were interviewed. A closed vote was held with all candidates out of the room. AAA Director Monique Nowlin and Program Assistant Alisa Sanchez counted the votes with witness present (Martin Marquez, Program Assistant). After votes were tallied later that afternoon the results were as follows: Michelle Rios and Martha Shapiro filled the two service provider vacancies and Paul Atkinson filled the Veterans Population Vacancy. The election of the officers will take place at the September meeting.

Motion: Accept Reappointments

Moved by: Brenda Birdwell, seconded by Smita Dandekar

Result: Motion passed

- 8) **Recommendation for the Advisory Council to approve collapsing the Transportation Committee into the Housing Committee, creating a Housing and Transportation Committee-** Monique Nowlin presented a proposal to merge the two committees.

Motion: To collapse the two committees into one committee

Moved by: Stephanie Belding, seconded by Sue Tatangelo

Result: Motion passed

## INFORMATIONAL ITEMS

- 9) **HSA Leadership Update** – Retired HSA Director, Melissa Livingston introduced new HSA Director, Roger Robinson. The Advisory Council warmly welcomed Director Robinson and asked several questions. Director Robinson shared that he would soon be attending a meeting on the recently passed budget and that HSA expects some cuts to the budget and plans to be strategic; cost-saving will be imminent. Elaine Martinez also spoke to the incoming changes and impacts due to the budget being passed. Council members asked for updates and HSA Leadership agrees to share updates as they can.
- 10) **HSA Communications Manager Update** – Communications Manager Roger Horne shared that migration of county website to new domain is complete. New website is [vcaaa.venturacounty.gov](http://vcaaa.venturacounty.gov). With the 24-25 Fiscal Year wrapping up, Roger shared that Outreach did a total of 236 events which includes HICAP events, Presentations, Job Fair, Wellness events, etc. Tuesday August 5<sup>th</sup> is Senior and Persons with Disabilities Day at the Ventura County Fair– free entrance for person + their caretaker. Optimal Aging community nomination period for Legacy Awards is now open and closes August 30, 2025.
- 11) **Bylaws Update** – Dr. Munguia and Monique Nowlin shared that HSA Leadership has received the Redline version of the Bylaws to review. Next steps are when approved, the revised bylaws will be brought forth to Advisory Council to vote on and then will go to Board of Supervisors for final approval and acceptance.

- 12) **AAA Contracts Summary** – Monique Nowlin shared her PowerPoint presentation on AAA Contracts. The presentation is attached in the July 2025 Advisory Council Agenda Packet on the VCAAA website (that was also emailed out to council members).
- 13) **Triple-A Council of California (TACC) Update** – This agenda item was tabled for the September meeting.
- 14) **Other Committee Meetings:**
  - a. **California Senior Legislature (CSL) Update** – Brenda Birdwell read the CSL update documents (also were emailed out to council members). The CSL has selected 2 bills to support and propose at the Legislative Session. Updates will continue to be provided.
  - b. **VCAAA Foundation Update** – James Schicker, Foundation Chair shared that VCAAAF still plans to help fund the 13 meal sites in Ventura County. Every meal site will get a one-time donation in the new fiscal year and a few of the needier sites will get additional support. VCAAAF would also like to provide a stipend to meal sites for pet food for seniors.
  - c. **LGBT+ Aging Coalition** – Dr. Ron Berkowsky shared that the Coalition participated in 7 Pride Events throughout the month of June and thanks VCAAA for their support – 1 Pride Event remains and it is Ventura Pride which takes place in August. Dr. Berkowsky also let council members know they can join the coalition and attend meetings or even sign up for email updates.
  - d. **Dementia Friendly Ventura County (DFVC)** – Jason Sagar shared that DFVC met on June 4<sup>th</sup> and plans to review their charter. August 6<sup>th</sup> is the next meeting and the committee will continue to work towards their mission and spreading awareness about resources and training more businesses to become more dementia friendly.
- 15) **Meeting Calendar** – FY 2025-2026 is attached to Agenda Packet.
- 16) **Other Business** – Meeting was ended abruptly due to fire alarm in the building.
- 17) **Comments from the Chair** – None as meeting ended abruptly due to fire alarm in the building.
- 18) **Future Agenda Items** – Prior to fire alarm, Maureen Hodge earlier in the meeting expressed desire to do a Coalition presentation at a future meeting.



- 19) **Adjournment** – Meeting was adjourned abruptly at 11:05 due to fire alarm and the need to evacuate building. The next regular meeting for the Advisory Council will be held on September 10, 2025.

**VENTURA COUNTY AREA AGENCY ON AGING**



**Housing and Transportation Committee**

Tuesday, July 15<sup>th</sup>, 2025  
2pm – 3pm

Meeting to be held on Teams

**AGENDA**

1. ~~Welcome and Introductions-~~
2. ~~Public Comments-~~
3. ~~Upcoming housing program-~~
4. ~~Ventura County Continuum of Care -- Homeless Count~~
5. ~~Transportation integrated into Housing Committee-~~
6. ~~Other-~~
7. Next Meeting Date – September 16, 2025, from 2pm to 3pm

**\*Meeting cancelled. Postponed to to September to plan for election of new Subcommittee chair and promote the merge of Transportation to the group at the next Advisory Committee meeting.**

**TO:** VCAAA Advisory Council Members  
**FROM:** Committee Chair, Blair Barker  
**DATE:** July 16, 2025  
**SUBJECT:** Senior Nutrition and Health Committee Report from July 16, 2025

**Committee Members Present:**

Blair Barker  
Smita Dandekar  
Lynette Harvey  
Alice Sweetland  
Deborah Elwell

**Committee Members Absent:**

Anita Ruiz  
Dr. Maria Munguia

**VCAAA Staff Members Present:**

Roger Horne (Public Information Officer)

1. **Welcome and Introductions** – The VCAAA Nutrition and Health Committee meeting was called to order at 12:32pm by Chair Blair Barker.
2. **Public Comments** – No Public Comments
3. **Introduction of the New Staff for Committee-** Introduced Deborah Elwell, supervisorial appointee, as a new member of the committee.
4. **Simi Valley Senior Center Presentation-** Raquel Wirth spoke out about the Simi Valley Senior Center's Senior Nutrition Program. This fiscal year they're looking at doing 235 meals/day, approximately 135 deliveries/day and 100 congregate meals/day. This will come to about 58,000 meals for the year. They do Monday-Friday lunch only. They have volunteer drivers, and they believe they may be the only place that reimburses them for mileage. Many of their volunteers have been doing this for a long time. Staff includes a Meals-on-Wheels coordinator, an on-site meal coordinator, a cook, a kitchen assistant, and other temporary staff. They did 72,000 meals in 2023-24. There have been cutbacks, and they've had to ask the city for additional money. To save money their cook does scratch meals three days a week, and they use community vendors twice a week. The average cost is \$6.51/meal, and it used to be \$9/meal. To save money, they have stopped adding new people to the list, and eliminated extra weekend and holiday meals. But they did not remove anyone from receiving meals. The wait list is at about 40-50 people. She was very thankful for the Simi Valley team and the assistance she gets from HSA staff.
5. **Senior Nutrition Program Update – (Blair gave an update on behalf of Alyssa)**  
CFHL- I have a meeting with CDA on Friday to figure out if this program will be going away due to state/federal funding. CFHL works on a federal fiscal year which ends September 30<sup>TH</sup>. CDA is unsure if we will have funding for this next fiscal year. More to come on updates after this meeting. Senior Farmers Market Nutrition Program-The program will be ran differently this

year because everything is electronic versus vouchers. AAA received 700 cards to distribute across the county. There was not enough Farmers that applied to be a part of the program. Only 4 Farmer Markets have participating farmers. (Thousand Oaks, Ojai and two Ventura locations) Alyssa is working with Monique to figure out the most equitable way to distribute the cards out to the community. The program will start in August. I can send out an update to the Advisory Council when I know of the process/plan of this program so everyone is aware if they get questions.

6. **Committee Goals** – Suggestions were made to hear from local experts on mental health, dental health, healthy meal preparation and the Ventura County Continuum of Care. Alice, Lynette, and Roger would reach out to some of their contacts.
7. **Adjournment** – The meeting was adjourned at 1:14p.m. The next Health & Nutrition Committee meeting will be held on Wednesday, September 17, at 12:30 p.m.

**TO:** VCAAA Advisory Council Members  
**FROM:** Denise Noguera-Valenzuela, Interim Facilitator  
**DATE:** July 17, 2025  
**SUBJECT:** ADRC Committee Meeting

**Committee Members Present:**

Al Brown, Peter Schreiner, Carol Leish, Vanessa Acain, Jim Marston, Emily Bridges, Keith Gosselin, Ronald Berkowsky, Maureen Hodge

**Committee Members Absent:**

Tony Gitt, Martha Shapiro, Jennifer Griffin, Blair Barker, Carmen Reyes, Susan Zirnite, Linda Mac Dougall, Lilly Grossman,

**VCAAA Staff Members Present:**

Denise Noguera-Valenzuela (Call Center Manager)

## **Meeting Summary**

### **Clarifying the Role and Purpose of ADRC**

- **Al Brown** raised a key question: What are the goals, aims, and authority of the ADRC Committee?
- **Denise Noguera-Valenzuela** and **Vanessa Acain** responded that ADRC is not a standalone service, but a collaborative philosophy between VCAAA and Access Central Coast (ACC) focused on a “No Wrong Door” approach.
- Vanessa explained that both agencies provide referrals and support to callers regardless of age or disability, ensuring individuals aren’t turned away without direction.
- The committee's role centers on public education, awareness, and advocacy for streamlined service access.

### **Committee Members as Ambassadors**

- Vanessa emphasized that members serve as community liaisons who can disseminate information and help connect residents with ADRC resources.
- **Al Brown** summarized the committee’s role as a public relations group promoting resource awareness to avoid “wrong number” experiences for clients.
- Denise noted that while outreach events are regularly held by AAA, committee members’ unique community connections make their participation vital.

### **Expanding Outreach to All Ages and Demographics**

- **Emily Bridges** advocated for reaching younger adults with disabilities and increasing inclusive engagement across the lifespan.
- **Carol Leish** and **Vanessa Acain** confirmed ADRC serves people of all ages and disabilities, not just older adults.

- The committee agreed to focus more broadly on bridging demographic gaps and collecting information to guide outreach strategies.

### **Committee Action & Coordination Suggestions**

- **Ron Berkowsky** suggested ADRC updates be included at Advisory Council meetings and proposed that members help create a structured outreach plan to prevent duplication and reach underserved populations.
- Denise supported the idea and offered to invite **Roger Horne**, VCAAA's Public Information Officer, to future meetings.
- Multiple members expressed support for establishing specific, actionable committee goals moving forward.

### **LiveWell Guide & Communications**

- **Carol Leish** inquired about the future of the *LiveWell* resource guide; Denise noted it's expected to continue, pending confirmation from Roger Horne.
- **Al Brown** proposed printing it every other year to reduce costs.

### **Article Collaboration & Branding**

- Carol and Vanessa agreed to collaborate on a new article for the *Ventura Breeze*, especially as ACC finalizes its rebranding and logo updates.

### **Next Steps & Action Items**

- **September Meeting:**
  - Resume formal ADRC meetings.
  - Elect a new ADRC Committee Chair.
  - Establish committee goals for FY 2025–26.
  - Formalize collaboration with HSA leadership and ACC.
- **Outreach Goals:**
  - Increase awareness of the ADRC partnership and "No Wrong Door" model.
  - Expand engagement to include diverse age groups and underserved communities.
  - Gather community input on needs related to aging in place and disability support.
- **Assignments:**
  - Denise will:
    - Meet with Monique Nowlin and HSA leadership to confirm committee direction.
    - Invite Roger Horne to the September meeting.
    - Prepare a formal agenda and send meeting invites.

**TO:** VCAAA Advisory Council Members  
**FROM:** Stephanie Belding, Chair  
**DATE:** 08/19/2025  
**SUBJECT:** **Workforce Committee (WC) Report from July 17, 2025**

**Committee Members Present:**

Stephanie Belding  
Dr. Karen Gorback  
Dr. Nita Vaidya  
Al Brown  
Brenda Birdwell

**Interested Members of the Public**

**Absent:**

Alice Sweetland  
Dr. Maria Munguia

**Interested Members of the Public Present:**

**VCAAA Staff Members Present:**

Jason Sagar  
Roger Horne (Communications Manager)

**Committee Members Absent:**

Sonia Vaughn (HICAP Manager)

1. **Welcome-** Meeting was called to order by Stephanie Belding at 10:04 AM.
2. **Public Comments-** There were no public comments made.
3. **Workforce Guidance Meeting with Monique Nowlin-** Stephanie Belding and Al Brown met with Monique Nowlin and Alisa Sanchez to discuss the future of the Workforce Committee and gather any feedback to improve committee.

Monique's talking points:

- Confirmed the committee is not based or tied to any AAA programs.
- Suggested a potential partnership with the America's Job & Career Center and find ways to support them.
- Explore more senior-focused workshops or marketing.
- Suggested collaboration with the Government Center for a table at the Thousand Oaks Wellness Fest.
- LiveWell magazine is coming out in January 2026; there's an opportunity for the Workforce Committee to include an article.
- Shared about "Tax breaks for employers"- get the word out.
- Emergence of AI in the publishing world
- Highlight workforce scams. Perhaps determine if a scams and fraud committee is an option.
- Strategic plan suggestion- process for employment- master plan- address employment- inclusion and equity for seniors, opportunities for work, job training, re-entry services and flexible work models.

**Workforce Guidance Meeting Follow-Up-** Dr. Gorback recommended to narrow the options and provided suggestions/feedback.

- Contact Julie at Goebel Senior Center to express interest in the Wellness Fest; Stephanie will follow-up.
- Promote the Workforce Committee in the 2026 LiveWell.
- The “Get That Job” video could be used at presentation events; just needs to be updated.
- Immurgence of AI in the publishing world and higher education- caps TV- place of older workers in AI environment. Older workers valuable intermediary from AI to people who need to integrate it.

Brenda shared that Livingston Memorial is still interested in participating in any upcoming events. She also shared that Ventura County DA has Scam Prevention Academy and they would be a good resource for any future VCAA scams and fraud topics.

Nita shared that she is interested in senior focused workshops at other sites and attending the Wellness Fest would be constructive.

Stephanie spoke with Julie at the Goebel Senior Center, and they can accommodate us for a presentation. AI had previously expressed he is interested in doing something similar at the Simi Valley Senior Center. Karen shared the “Get That Job” video would be ideal for such presentation.

LiveWell Magazine coming out in January 2026. The Workforce committee was invited to include a written article. Karen offered to write the article and will be sharing with the committee for feedback.

4. **Other Business-** None
5. **Next meeting date** –The Workforce Committee’s next regular meeting will be held on via TEAMS on Thursday, September 18th from 10 AM – 11 AM.
6. **Adjournment-** Meeting adjourned at 10:48 AM.



**TO:** VCAAA Advisory Council Members  
**FROM:** Alice Sweetland, Committee Chair  
**DATE:** July 23<sup>rd</sup>, 2025  
**SUBJECT:** Optimal Aging Report from July 23rd, 2025

**Committee Members Present:**

Ronald Berkowsky	Alice Sweetland
Denise Calhoun	Susan Zirnite
Dinah Frishling	

**Committee Members Absent:**

Lyn Cotwright  
Al Brown  
Sylvia Taylor-Stein

**VCAAA Staff Members Present:**

Julianna Eusanio (Social Worker)

1. **Welcome-** Meeting was called to order by committee chair Alice at 2:06pm after reaching a quorum.
2. **Legacy Awards Nomination and Selection Meeting-** Julianna provided a status update in regards to the received Legacy Award nominations. The Committee voted to hold the next Optimal Aging Meeting directly after the AV general meeting in September to be able to vote on the award selections in person. Julianna coordinated with Alisa during the meeting who was able to book the same room as AV meeting for voting.
3. **Public Comments-** Dinah inquired about the process of establishing committee goals along with use of an annual plan. Ron shared the results of the CSUCI student capstone project which is being used to guide committee goals. The findings shared that when older adults in the community were interviewed for what they would like an Optimal Aging committee advisory group to focus on in Ventura County, the findings showed a theme of many residents not being aware of services. The committee reviewed various outreach involvement and efforts and the desire to expand on awareness of VCAAA agency services. Dinah shared about the Wellness Fair in Thousand Oaks as potential outreach. The committee also discussed an interest in newspaper advertisement for engagement to appeal to older adults.
4. **Adjournment –** The meeting was adjourned at 2:35 p.m. The next Optimal Aging Committee meeting will be held on **Wednesday, September 10, at 12 p.m.**



**VENTURA COUNTY AREA AGENCY ON AGING  
ADVISORY COUNCIL MEETING SCHEDULE  
FY 2025-2026**

**All Advisory Council meetings are held in person.**

**All sub-committee meetings are held via  
Zoom/TEAMS.**

	<b>Advisory Council</b>	<b>ADRC</b>	<b>Housing &amp; Transportation</b>	<b>Senior Nutrition &amp; Health</b>	<b>Optimal Aging</b>	<b>Workforce</b>
<b>July</b>	July 9 9-11 a.m.	July 16 1 - 2 p.m.	July 15 2 - 3 p.m.	July 16 12:30 - 1:30 p.m.	July 23 2 - 3:00 p.m.	July 17 10 - 11 a.m.
<b>August</b>						
<b>September</b>	Sept 10 9-11 a.m.	Sept 17 1 - 2 p.m.	Sept 16 2 - 3 p.m.	Sept 17 12:30 - 1:30 p.m.	Sept 24 2 - 3:00 p.m.	Sept 18 10 - 11 a.m.
<b>October</b>						
<b>November</b>	Nov 12 9-11 a.m.	Nov 19 1 - 2 p.m.	Nov 18 2 - 3 p.m.	Nov 19 12:30 - 1:30 p.m.	Nov 26 2 - 3:00 p.m.	Nov 20 10 - 11 a.m.
<b>December</b>						
<b>January</b>	Jan 14 9-11 a.m.	Jan 21 1 - 2 p.m.	Jan 20 2 - 3 p.m.	Jan 21 12:30 - 1:30 p.m.	Jan 28 2 - 3:00 p.m.	Jan 15 10 - 11 a.m.
<b>February</b>						
<b>March</b>	March 25 9-11 a.m.	March 18 1 - 2 p.m.	March 17 2 - 3 p.m.	March 18 12:30 - 1:30 p.m.	March 25 2 - 3:00 p.m.	March 19 10 - 11 a.m.
<b>April</b>						
<b>May</b>	May 20 9-11 a.m.	May 20 1 - 2 p.m.	May 19 2 - 3 p.m.	May 20 12:30 - 1:30 p.m.	May 27 2 - 3:00 p.m.	May 21 10 - 11 a.m.
<b>June</b>						